

Y NEWS

NOVEMBER 28, 2016



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Corona-Norco Family YMCA

1331 River Road

Corona, CA 92882

ymcacornor.org

CORONA-NORCO FAMILY YMCA CENTER UPDATES



We hope you all had a wonderful harvest and hope you had a chance to spend some much needed time with your families!



14th Annual Corona Police Department Kids and Cops Holiday Magic



When: Saturday, December 10th, 2016

Where: Sheridan Park located at 3rd & Sheridan in Corona

Time: 10:00a.m. – 1:00p.m.

Cost: FREE

What: An event that provides crafts, games, and holiday magic

One make-up registration date will be available on Monday, November 21st.

For more information, please call: Office N. Ambriz at (951) 739-4889

ENJOY THIS ISSUE?

Feel free to share this newsletter with anyone who you think may find it useful.

QUESTIONS, COMMENTS, IDEAS?

Contact Kayla Romero at Romero@ymcacornor.org

THE Y MISSION IS TO PUT Christian principles into practice through programs that build healthy spirit, mind and body for all.

Youth In Government

Our first night of conference was full of overwhelming moments. We experienced passionate and inspiring speeches, honor and support for our troops, and incredible energy. We only have a few more days for bill hearing night!

Our delegates are working diligently on their bills. Come and hear great speeches and eat great food. Our bill hearing will be on December 1st at our community center location at 3785 Neece. St. Corona, 92880.

For more information please contact Lorena at 951-710-4337 or email at gomez@ymcacornor.org.



CITY PARK

Happy Harvest from City Park. We are continuing our study of exercise. Our state 1 class talked about healthy food last week and made fruit salad on Friday, November 11, 2016. The children also did different types of exercises such as the "chicken dance" and "freeze dance" during large group time. During small group time, the children had fun trying to decide what items would sink or float. Last week, the children planted a new cold weather garden.



Classroom 2 has been having lots of fun. Last week, Miss Magy set up a fruit and vegetable store. They had grocery bags and the children took turns being the cashier. They also had fun playing with the water tubs. They identified food that was good for them and cut out pictures of

fruits and vegetables that are the different colors of the rainbow.



POM-POM— CHEERLEADING DRILL TEAM

FALL SESSION HAS STARTED!
JOIN SOUTHERN CALIFORNIA'S MOST RELIABLE & RESPECTED CHEER ORGANIZATION. THE #1 LARGEST YOUTH PERFORMANCE CHEER TEAM FOR OVER 27 YEARS!

WHERE: HARADA YMCA
12884 OAKDALE ST.
EASTVALE, CA

WHEN: THURSDAY

COST: VARIES

TIME: 6:15PM TO 7:45PM

WE ARE HIRING COACHES!

EMAIL CYSC@VERIZON.NET

FOR MORE INFORMATION
CONTACT 909-917-8129 OR
909-948-3861



Help us celebrate the following Y staff birthdays:

Amber Lambert 11/21

Alexia Sanchez 11/24

Jessica Torres 11/26



CARDIO FITNESS

WHEN: MONDAY

**WHERE: COMMUNITY CENTER
3785 NEECE ST**

TIME: 11:00AM

COST: \$5 PER CLASS

Call the Y Community Center for more info:

951-280-0783

Did you know that the Y also offers CPR and Health and Safety classes?

Contact Lisa Underhill at 951- 264-2766 for more information.



MUSIC LESSONS

When: Monday-Thursday

Where: Main Y
1331 River Road

Time: 4:00PM—8:00PM

Cost: \$20 Members/
\$25 Non Members

Call 951-736-9622 to schedule:

River Road Park

Here at the Infant center, we are exploring the harvest season. Our toddlers have been harvesting apples from our apple tree and carrots from our carrot farm. We have been tasting new things like



pumpkin seeds and talking about the different vegetables that come with lunch every day. We are also talking about giving thanks and are practicing saying please and thank you. This month we are also very excited to see Sophia and Nevaeh continue to grow as they move

on to the Main Y and join the two year old class room.



Main Y 2 Year Old Walkers and Preschool

2 year old Walkers

Last week, we talked about being thankful in our classroom. We will also have several arts and crafts to fill your walls at home with fun ideas. We will also enjoy learning about all the colors of the fall season. We continue to work on potty training and we will be seeing several of our friends move on to the preschool class soon.

Calvert & Jerry 1 Preschool

We will be discussing trees and learning what lives in trees, what trees do for us, and about all the people that take care of the trees. We will be investigating the trees around our school and creating several art activities from nature. We will also be studying about what foods we get from all our different trees.

Calvert Preschool at Main Y

The Calvert class is feeling thankful! In the next couple of weeks we will be discussing trees and nature. Our literacy focus will be "The Giving Tree" in order to teach the students about giving and being thankful as well as nature.

CORE WORKOUT WITH PILATES & YOGA

WHEN: MONDAY

TIME: 11:00AM

WHERE: COMMUNITY CENTER
3785 NEECE ST.

COST: \$5 PER CLASS

Call the Y Community Center for more information:

951-280-0783

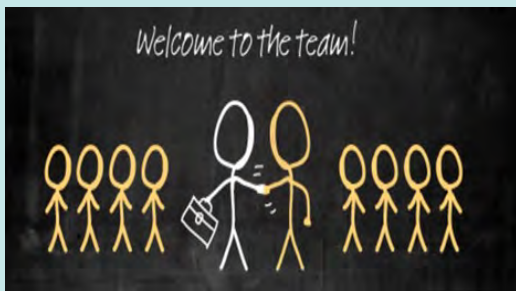


Please welcome new staff for the month of November:

Kayla Romero-Admin

Edward Lewis-Admin

Natalie Torres-Main Y



MAIN Y

A Note from the Director

Thank you to all the Parents that came to our Open House! We enjoyed all the smiling faces and fun filled games. The children loved showing off their classrooms and art work. It really wouldn't be the same without all of you!

School Age

We will be researching the different cultures and the ways they celebrate the holidays. We will enjoy decorating our classroom and your home with all our arts and crafts that are coming up. Thank you to everyone that attended Open House and participated in the activities.



WINTER WONDERLAND & TREE LIGHTING CEREMONY

WHEN: Saturday, December 3rd

WHERE: Eastvale Community Center
3820 Schleisman Rd.
Eastvale, Ca

TIME: 3:00p.m.-9:00p.m.

COST: FREE

WHAT: Tree lighting ceremony, snow, pictures with Santa, holiday activities, craft and food vendors



Shout out to our weekly donors Panera, Starbucks and Chipotle for supporting our Y Families!

Shawnee Walker and Family (City Park)

Maritza Contreras and Family (City Park)

Adventure Guides

Upcoming Events:



Holiday Party

This year's theme is: Charlie Brown's Christmas

When: Sunday, December 11th

Where: Corona Public Library

Time: 1:00—3:00 PM

Menu: Pasta Bar

KARATE



When: Monday and Wednesday

Where: YMCA Main 1331 River Road

Cost: Y-Members \$35.00/mo.
Non Members \$45.00/mo.

Classes available for Adults and Children age 5 & up!

Call (951) 736-9622 for space availability.

ZUMBA



WHEN: MONDAY, TUESDAY, WEDNESDAY AND FRIDAY

WHERE: COMMUNITY CENTER
3785 NEECE ST.

COST: \$3.00 PER CLASS

TIME: MORNING AND EVENING CLASSES AVAILABLE

Receive the Y News electronically. Send your email address to Romero@ymcacornor.org and keep updated on the Y's programs and events.

Youth Basketball

When: Tuesday and Thursday

Where: Main Y 1331 River Road

Cost: \$45.00 for Member/ \$55 for Non Member

Date: November 29, 2016 to January 4, 2017

Practice Time: 6:15-7:15 and 7:15-8:15PM

For information call: 951 736 9622

Job Openings:

Teacher Aides—6 ECE Units

Title 5 Teacher—Must have a valid State of California Teacher Permit

Van Driver—with Class B and Passenger endorsement

Site Supervisor—Must have a valid State of California Site Supervisor Permit

Download job application from the Y website:
www.ymcacornor.org

KARATE

On Sunday, November 6th, our Karate students participated in the 51st Annual Interdojo Karate-do Championships in Costa Mesa, California. Our dojo (Shito-Ryo Karate-Do-Kai) was one of the hosts of the tournament!

In the Kata category:

1st Place - Jordyn Nguyen

2nd Place - Justin Nguyen

3rd Place - Anthony Jimenez

In the Kumite/Sparring category:

1st Place - Anthony Jimenez

2nd Place - Justin Nguyen

3rd Place - Jordyn Nguyen



HOME GARDENS

Y-news:

Theme: Kindness Week: Our classroom will be a kindness zone, where parents, children and staff display kind words and actions. We will get parents involved in displaying kind words as they enter into the classroom. The children will discuss ways they can be kind to one another. One way they will do this is by displaying kind words on the wall through the classroom. Each time a kind word is said, we will encourage them to keep going. At the end of the week the teachers will give them a surprise.

Name 5 kind words.

Name 5 ways to be kind.

An act of kindness can be as easy as a friendly smile to a stranger, a kind thought for someone, holding the door for others, helping an elderly with a routine task, letting a driver through in traffic, thanking a veteran, forgiving someone whom you felt has hurt you, etc.

Home Gardens Parent Meeting

When: Tuesday, November 29 at 6:00p.m.

Topic: Family



Thank you to Vantage Point Church for donating Christmas Mart tickets to our families!

4th Annual Christmas Gift Mart

When: Saturday, December 3

Where: Eleanor Roosevelt High School

7557 Scholar Way

Eastvale, CA

Time: 9:00a.m.-12:00p.m.

Cost: \$2 for gifts that retail for \$10-\$25!

What: Free cookies and

Did you know that the Corona-Norco Family YMCA is helping children and families weather the economic storm?

Every day we work side by side with our neighbors to make sure that everyone regardless of age or income grow and thrive. The Y now operates ten program sites with a continuum of care for children in the Corona—Norco and Jurupa Valley Unified School Districts ages 6 weeks to high school. We are always looking for support from our community. If you would like more information of how you can help, please contact Lorena Gomez (951)736-1415 or gomez@ymcacornor.org. The Corona-Norco YMCA is a 501© (3) charitable organization classified by the Internal Revenue Service.

**“Education is not the filling of a pail, but the lighting of a fire.”
-William Butler Yeats**

HARADA

Last week, teachers researched and discussed with the children the history of harvest. Children learned the



origin of harvest, such as when was the first corn Harvest that was successful to organize and celebrate that event. Also, children found out when harvest became an official Holiday and what country was the first one to celebrate .The children did some activities that related to the upcoming harvest. They tasted pumpkin pie , read the book ,Stone Soup and made stone soup with vegetables. The children watched a movie and enjoyed friendship soup. They had a great time before the harvest holiday.



TEEN CENTER

The teens had a great time doing many fun activities such as a cup challenge, pearled bead creations, and stress balls made of balloons ,flour and glue. They really had a great time making them!



We also had a special guest, Elda I Rivera a nutrition specialist from Public Health come do a presentation to our teens about nutrition and gardening, and a what's



on your plate activity. The teens had a lot of fun and learned a lot about Nutrition. They learned that they have to think twice about what they eat! They learned to eat a lot of greens, homemade healthy food and not too much junk food since you are what you eat! Thank you Elda!

Our teens really appreciate you coming to visit! To end our fun week we end our Friday's with Movies, fresh popcorn, team building games, and much more... Calling all teens! Don't miss out on all this fun!! Also, at our teen center coming soon "Folklorico dance" class!



MERRILL



Merrill started their new study on clothes. The children explored the

following questions: What do we know about clothes? What do we want to find out? and What are the features of clothes? The teachers are reading the story Button Buttons Who Got Buttons? The story discusses the features of clothing. The children got so excited when they noticed they had a button or snap on their clothing while the story was being read. The teacher's

also read Goldilocks and the Three Bears. The children discussed small, medium and large sizes.

We will also be exploring the following questions: How do we take care of our clothes? and How do people make clothes?

"Children are like wet cement, whatever falls on them makes an impression." Ham Ginnott

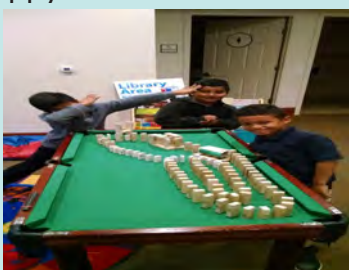


CITRUS CIRCLE



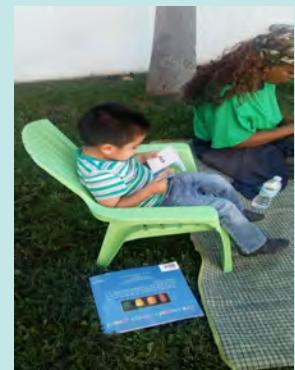
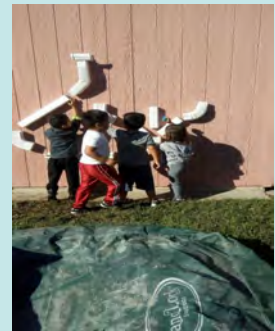
Last week, we celebrated the holidays with crafts, stories and discussions of the kids' cultural traditions for the holiday. We not only discussed what it meant to be grateful and thankful, but also asked the children if they knew what these words meant. We will be continuing the fall theme by creating

jewelry and paintings centered around the Fall colors. We hope all of our families here at Citrus Circle had a very Happy Harvest.



JURUPA SCHOOL AGE

Our children will explore Reduce Reuse & Recycle. We will discuss the importance of being environmentally aware of how we affect the planet. We will see how we can help and do our share at home to recycle, reduce and reuse. The kids made a water bottle vase during their time off. We also had large group discussions of what our holiday plans were. The children here at Jurupa enjoyed a Harvest meal last week to celebrate and discussed what their family traditions were and what they were doing for the holiday. The children enjoyed turkey, sweet potatoes and vegetables.



Holiday Safety Tips

1. Do not leave packages or valuables visible within your car. Always lock your doors and windows.
2. Always be aware of your surroundings. If shopping at night, go with a friend or family member.
3. Teach children to stay close to you at all times while shopping and never allow children to make unaccompanied trips to the restroom.
4. If you are expecting a package at your house, request signature confirmation or have a trusted neighbor hold the package for you!

“My Plate, My State”

“My plate, my state” is a campaign that aims to help people eat healthy. There are local food products for each state. Please see California’s below.

State products of California:

State fruit: avocado

State grain: rice

State nut: almond

State vegetable: artichoke

Common foods grown in California:

almonds, apples, apricots, asparagus, artichokes, avocados, barley, beans, beef, black-eyed peas, etc.

JURUPA INFANTS AND TODDLERS

Infants – We will be doing sensory painting with fall colors. Also, children will finger paint and some of our children are ready to start grasping crayons. Children will play with leaves and play in a pile of leaves outside.

Toddlers – Our focus will be on number sense and quantity (COG 4) Communication and use of language (LLD 3) and fine motor skills. (pd hlth 4) Our study will be on insects and worms and where they live. We will also be doing a felt board game using felt fish, which includes counting on the felt board. Using recycled materials, 9 egg cartons, boxes, packing materials etc. they will be given materials to collage with. We will also be doing lacing of sea animals and making sea foam with dish soap and food coloring.



Preschool 1 – The measures we will be focusing on is Imitation (ATL –REG 3), engagement and persistence (ATL-REG 6) and interest in literacy (LLD 5). Our study will be on animals in the forest and where they live. We will imitate how turkeys move and the sounds they make. We will be making lemonade and lemon water to discuss the differences and the children will graph which ones they like better. Our small group reading activities with animals books will keep the interest of our study. We will be using fine motor skills to lace, cut, glue, and manipulate tissue paper to create turkeys.

Preschool 2 – This week we will be focusing on phonological awareness (LLD 8), measurement (COG 5) and cause and effect (COG 8). Our study this week will be on Fall. We will be having small group reading activities with the children throughout the week to help children identify, think about, and manipulate sounds in spoken speech. We will be creating sand art using colors associated with the fall. We will also be doing classification with a variety of leaves and pine cones by size. We will be mixing different paint colors to create new colors and we will be doing a science project coloring salt and exploring our worm areas.

