

## ADULT PROGRAMS

Program	Times	Days	Location	Phone	Fees & Additional Info
CPR/1st Aid/ AED Classes	8:30am	2nd Saturday of each month	Main Y	Lisa: (800) 325-4468	Cost: starting at \$45
Health & Safety Class	8:30am	Check website for upcoming dates	Main Y	Lisa: (800) 325-4468	Cost: \$60
Cardio Fitness	11:00am - 12:00pm	Monday	Y Community Center	(951) 280-0783	Get your heart rate up with cardio exercises. Strength training with hand weights for legs, back, arms and chest.  Beginner to Intermediate level. All ages welcome. Fee: \$5 per class.
Core Workout with Pilates/Yoga	9:30am - 10:30am	Thursday	Y Community Center	(951) 280-0783	Core work for abs, legs, shoulders, arms and back. Exercises to increase flexibility and range of motion Fee: \$5 per class
Zumba	10:00am - 11:00am 6:00pm - 7:00pm	Mon, Tues, Wed, Fri	Y Community Center	(951) 280-0783	An exhilarating, effective, easy-to-follow Latin inspired dance fitness party for teens and adults. All ages welcome. Fee: \$3 per class
Music Lessons	Main Y 4:00pm - 8:00pm Community Center: 2:00pm-6:00pm	Monday - Thursday	Main Y; Y Community Center	(951) 736-9622	Learn how to play the piano, woodwinds/brass, drums, guitar. One-on-one lessons.

## EVENTS & FUNDRAISERS

- Tamales & Tequila
- Pancake & Pozole Breakfast
- A Night at Luna's Dinner
- Ira D. Calvert Distinguished Service Awards Dinner

Be a part of a leading charitable organization for youth development, healthy living and social responsibility. When you join the Y you belong to a place where:

- Parents find a safe, positive environment for children to learn good values, social skills and behaviors.
- Families come together to have fun and spend quality time with each other.
- Children and teens play, learn who they are and what they can achieve.
- Adults connect with friends, pursue interests and learn how to live healthier.
- Communities thrive because neighbors support each other and give back.

**We do everything we can to make the Y a place for all!**

**CORONA-NORCO FAMILY YMCA** 1331 River Road, Corona, CA 92880

**P** 951.736.9622 **F** 951.736.6759 **W** ymacornor.org

@YMACORNOR



## STRENGTHENING FAMILIES PROGRAM GUIDE CORONA-NORCO FAMILY YMCA

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

### LOCATIONS:

- |   |   |                     |
|---|---|---------------------|
| <b>1. Main YMCA Facility</b>  | <b>1331 River Road<br/>Corona, CA 92880</b>         | <b>951.736.9622</b> |
| <b>2. YMCA Youth Center at Home Gardens</b>                           | <b>13550 Tolton Ave.<br/>Corona, CA 92879</b>       | <b>951.278.9680</b> |
| <b>3. YMCA Youth Center at City Park</b>                              | <b>475 E. Grand Blvd.<br/>Corona, CA 92879</b>      | <b>951.736.9163</b> |
| <b>4. YMCA Administration Office</b>                                  | <b>427 E. Grand Blvd.<br/>Corona, CA 92879</b>      | <b>951.736.1415</b> |
| <b>5. YMCA Community Center at Home Gardens Library (Teen Center)</b> | <b>3785 Neece St.<br/>Corona, CA 92879</b>          | <b>951.280.0783</b> |
| <b>6. YMCA Youth Center at Harada School</b>                          | <b>12884 Oakdale St.<br/>Eastvale, CA 92880</b>     | <b>951.817.0237</b> |
| <b>7. YMCA Youth Center at Jurupa Valley</b>                          | <b>9254 Galena St.<br/>Riverside, CA 92509</b>      | <b>951.685.5241</b> |
| <b>8. YMCA Youth Center at Merrill</b>                                | <b>312 S. Merrill St.<br/>Corona, CA 92882</b>      | <b>951.734.8026</b> |
| <b>9. YMCA Youth Center at Citrus Circle Apartments</b>               | <b>301 S. Buena Vista Ave.<br/>Corona, CA 92882</b> | <b>951.531.8641</b> |
| <b>10. YMCA Youth Center at River Road Park</b>                       | <b>1100 River Road<br/>Corona, CA 92880</b>         | <b>951.279.3472</b> |

**The Y Mission:** To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

**Join the Y - Impact Your Community:** At the Y, strengthening community is our cause. Every day, we work side-by-side with our neighbors to make sure that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive.

**REGISTRATION:** VISIT THE MAIN Y TO REGISTER FOR OUR PROGRAMS.

**MAIN Y OFFICE:** 1331 RIVER ROAD, CORONA, CA 92880 OR CALL (951) 736-9622.  
**HOURS:** 6:00AM—6:00PM

## CHILD CARE

### Infant Care

Program	Ages	Times	Days	Location	Phone	Fees
Full Day	6 weeks - 36mo	6am - 5pm	Monday - Friday	Y Infant Center at River Road Park	(951) 734-8026	State funded program. Eligibility is based on need and income.
Full Day	6weeks -36mo	7am - 5pm	Monday— Friday	Y Youth Center at Jurupa Valley	(951) 685-5241	State funded program. Eligibility is based on need and income.

### Toddler

Program	Ages	Times	Days	Location	Phone	Fees
Full Day	18mo - 36mo	6am - 6pm	Monday - Friday	Y Youth Center at Jurupa Valley	(951) 685-5241	State funded program. Eligibility is based on need and income. Eligibility is based on need and income.
Full Day	2 years—36mo	6am - 6pm	Monday—Friday	Y Youth Center at Main Y	(951) 734-8052	State funded program. Eligibility is based on need and income.

### Preschool

Program	Ages	Times	Days	Location	Phone	Fees
Full Day & Fee-based	3 - 5 years	6am - 6pm	Monday - Friday	Main Y	(951) 736-9622	Fee-based and funded programs. Tuition based fee: \$140/week + \$85 Annual Registration Fee/Family \$85 Membership Fee Per child/year
Full Day Scholarship	3 - 5 years	6am - 6pm	Monday - Friday	Main Y	(951) 736-9622	State funded program. Eligibility is based on need and income. Eligibility is based on income.
Full Day	3 - 5 years	6am - 6pm	Monday - Friday	Y Youth Center at City Park	(951) 734-8026	State funded program. Eligibility is based on need and income. Eligibility is based on income.
Full Day & Part Day	3 - 5 years	6am - 6pm	Monday - Friday	Y Youth Center at Jurupa Valley	(951) 685-5241	State funded program. Eligibility is based on need and income. Eligibility is based on income.
Part Day	3 - 5 years	6am - 6pm	Monday - Friday	Y Youth Center at Merrill	(951) 734-8026	State funded program. Eligibility is based on need and income.

### School Age

Program	Ages	Times	Days	Location	Phone	Fees
Before/After School Care & Off Track Child Care	K - 6th Grade	6am - 6pm	Monday - Friday	Y Youth Center at Main Y	(951) 736-9622	Cost: \$140/week + \$85 registration fee/family \$85 membership fee per child/year
Before/After School Care & Off Track Child Care	K - 6th Grade	6am - 6pm	Monday - Friday	Y Youth Center at Harada School	(951) 736-9622	Cost: \$140/week + \$85 registration fee/family \$85 membership fee per child/year
Before/After School Care & Off Track Child Care	K - 6th Grade	6am - 6pm	Monday - Friday	Y Youth Center at Home Gardens	(951) 278-9680	State funded program. Eligibility based on need and income.
Before/After School Care & Off Track Child Care	K - 6th Grade	6am - 6pm	Monday - Friday	Y Youth Center at Jurupa Valley	(951) 685-5241	State funded program. Eligibility based on need and income.

## CHILD & YOUTH PROGRAMS

Program	Ages	Times	Days	Location	Contact/Fees	Description
Adventure Guides	Adventure Guides: 5-6th Grade:  Trail Maidens: 6th grade & Up		Tuesdays & some Sundays	Main Y	Lorena Gomez at gomez@ymcacornor.org or (951) 736-1415	The YMCA Adventure Guides Program is designed to strengthen the family relationship between mother and daughter. Get to know your kid while she is still a kid. We hold continuing registration for this program.
Music Lessons		Main Y: 4:00pm - 8:00pm  Community Center: 2:00pm—6:00pm	Main Y: Monday—Thursday  Y Community Center: Thursdays	Main Y;  Y Community Center	<b>Main Y:</b> Members: \$20 per 1/2 hr, Non-Members: \$25 per 1/2 hr (951) 736-9622  <b>Community Center:</b> Members: \$25 per 1/2 hr Non Members: \$35 per 1/2 hr (951) 280-0783	Learn how to play the piano, woodwinds/brass, drums, guitar. One-on-one lessons.
Karate	Beginners Int/Advanced	6:15pm 7:00pm 7:15pm 8:00pm	Mondays & Wednesdays	Main Y	(951) 736-9622	Cost \$35 Member, \$45 Non members; Cost is per month.
Cheerleading	JR STARS SR STARS	6:15pm 7:00pm 7:15pm 7:50pm	Thursdays	Y Youth Center at Harada	(909) 948-3861	WWW.CYSCALLSTARS.COM
Youth Sports	Ages 4-6 Ages 7-10	6:15pm 7:00pm 7:15pm 7:50pm	Tuesday & Thursday	Main Y	(951) 736-9622	Cost \$45 Member, \$55 Non members New sport every six weeks: Soccer, Basketball, Flag, Football, and Three for All

## TEEN PROGRAMS

Program	Ages	Times	Days	Location	Contact/Fees	Description
Teen Center	9th - 12th Grade	Summer Hours: 12pm-6pm  Aug-June: 2pm - 6pm	Monday - Friday	Y Community Center at Home Gardens Library	(951) 280-0783 Contact: Veronica Martinez  Cost: \$85 Y Member fee. Cooking Club: \$5 per week	A fun, friendly, relaxing and drama-free environment.  Hang out with friends playing Wii, air hockey and foosball. Computer classes, Saturday school and tutoring available. Learn how to make tasty new dishes in the Cooking Club.
Youth & Government	9th - 12th Grade	Evenings	Thursdays	Y Community Center at Home Gardens Library	Lorena Gomez at gomez@ymcacornor.org or (951) 736-1415	The Youth & Government program starts in September and allows high school students to experience the law-making process first-hand, through a unique student-run, student-led